

Adult Safeguarding Policy

Yeshurun Hebrew Congregation

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Adult Safeguarding Policy

1. Policy Statement

The policy exists to ensure that **Yeshurun Hebrew Congregation (YHC)** implements appropriate arrangements, systems and procedures to ensure that the organisation has the right skills, means and resources to protect and safeguard adults.

YHC recognises that safeguarding means protecting an adult's right to live in safety, free from abuse and neglect.

2. Aim

The Care Act 2014 provides a definition and framework for Safeguarding Adults

Safeguarding means protecting an adult's right to live in safety, free from abuse and neglect. It is about people and organisations working together to prevent and stop both the risks and experience of abuse or neglect, while at the same time making sure that the adult's wellbeing is promoted including, where appropriate, having regard to their views, wishes, feelings and beliefs in deciding on any action. This must recognise that adults sometimes have complex interpersonal relationships and may be ambivalent, unclear or unrealistic about their personal circumstances.

The aims of adult safeguarding are to:

- Stop abuse or neglect wherever possible;
- Prevent harm and reduce the risk of abuse or neglect to adults with care and support needs;
- Safeguard adults in a way that supports them in making choices and having control about how they want to live
- Promote an approach that concentrates on improving life for the adults concerned
- Raise public awareness so that communities, alongside professionals, play their part in preventing, identifying and responding to abuse and neglect
- Provide information and support in accessible ways to help people understand the different types of abuse, how to stay safe and what to do to raise a concern about the safety or well-being of an adult
- Address what has caused the abuse or neglect

3. Legislation - The Care Act 2014

Safeguarding Duties

The Care Act 2014 introduced statutory safeguarding duties. The safeguarding duties apply to an adult who:

- (a) Has needs for care and support (whether or not the Local Authority is meeting any of those needs),
- (b) Is experiencing, or is at risk of, abuse or neglect, and
- (c) As a result of those needs is unable to protect himself or herself against the abuse or neglect or the risk of it.

4. Key Principles for adult safeguarding

In the safeguarding of an adult, YHC are guided by the principles set out in The Care Act 2014, updated 20th August 2021, ([Safeguarding - Care and support statutory guidance - Guidance - GOV.UK](#)) and aim to demonstrate and promote these principles in our work:

- **Empowerment** – People being supported and encouraged to make their own decisions and informed consent
- **Prevention** – It is better to take action before harm occurs.
- **Proportionality** – The least intrusive response appropriate to the risk presented.
- **Protection** – Support and representation for those in greatest need.
- **Partnership** – Local solutions through services working with their communities.
- **Communities** have a part to play in preventing, detecting and reporting neglect and abuse.
- **Accountability** – Accountability and transparency in delivering safeguarding.

5. Recognising the signs of abuse – what to look for

Staff / volunteers may be particularly well-placed to spot abuse and neglect as the adult may say or do things that hint that all is not well. It may come in the form of a complaint, or an expression of concern. Everyone within the organisation should understand what to do, and where to go locally to get help, support, and advice. It is vital that everyone within the organisation is vigilant on behalf of those unable to protect themselves, including:

- Knowing about different types of abuse and neglect and their signs
- Supporting adults to keep safe
- Knowing who to tell about suspected abuse or neglect and
- Supporting adults to think and weigh up the risks and benefits of different options when exercising choice and control.

The Care Act 2014 (see [Safeguarding - Care and support statutory guidance - Guidance - GOV.UK](#)) defines areas of abuse and neglect; they are not exhaustive but are a guide to behaviour that may lead to a safeguarding enquiry. The main type of abuse and signs and indicators for each type are detailed in Appendix One.

Who might abuse?

Abuse of adults at risk may be perpetrated by a wide range of people including relatives, family members, professional staff, paid care workers, volunteers, other service users, neighbours, friends and associates, people who deliberately exploit vulnerable people and strangers.

Incidents of abuse may be one-off or multiple and affect one person or more. Professionals and others should look beyond single incidents or individuals to identify patterns of harm.

Patterns of abuse vary and include:

- Serial abusing in which the perpetrator seeks out and 'grooms' individuals. Sexual abuse sometimes falls into this pattern as do some forms of financial abuse;
- Long-term abuse in the context of an ongoing family relationship such as domestic violence between spouses or generations or persistent psychological abuse;
- Opportunistic abuse such as theft occurring because money or jewellery has been left lying around.

6. Promoting Adult Safeguarding within YHC

6.1 Prevention of abuse

To assist in the prevention of abuse the following factors should be considered:

- Rigorous recruitment practices (including volunteers)
- Internal guidelines for staff
- Training
- Making safeguarding personal and empowering service users

6.2 Safer Recruitment & Selection

We have a policy and procedure which covers all potential Trustees, paid staff and volunteers. **YHC** ensures that all potential new staff:

- **Complete an application form or a letter of application.** This will include: address, evidence of relevant qualifications, paid work and voluntary work experience and all criminal convictions.
- **Provide two pieces of identification which confirm both identity and address.**
- **Undergo an interview** (formal or informal) involving at least two interviewers.
- **Provide at least two references** which are followed up before a post is offered, neither of which can be from a referee who is related to the applicant. One reference should be from the last employer or an organisation that has

knowledge of the applicant. In the case of a volunteer who has been retired for many years, a personal referee will be accepted.

All new employees, trustees and volunteers involved in activities within the scope of the Safeguarding regulations shall:

- consent to a **Disclosure and Barring Service check** (formally CRB check) and sign up to the update service and agree to **YHC** requesting an update every 3 years.

YHC understands that:

- a person who is barred from working with children or vulnerable adults is breaking the law if they work or volunteer or try to work or volunteer with these groups.
- an organisation which knowingly employs someone who is barred to work with those groups will also be breaking the law.
- if our organisation dismisses a member of staff or volunteer because they have harmed a child or vulnerable adult or would have done so if they had not left, we must make referral to the Disclosure and Barring Service. ([About - Disclosure and Barring Service - Inside Government - GOV.UK](#))

6.3 Management & Support of Paid Staff & Volunteers

YHC has the following items in place for managing its staff and volunteers:

- All staff and volunteers are provided with a job description (paid staff) or a role profile (volunteers) outlining their main responsibilities. This includes a requirement to comply with the Safeguarding Policy and Procedures and Code of Conduct.
- All paid staff are given supervision at least every 6 weeks by their line manager including compliance with the Safeguarding Policy.
- All volunteers are given regular support sessions.
- **YHC** disciplinary and grievance procedures are implemented for all paid staff, which comply with the ACAS2 Code of Practice.
- All trustees, paid staff and volunteers attend regular ongoing safeguarding training appropriate to their role.
- All trustees, paid staff and volunteers receive an induction, which includes information on all the organisation's policies and procedures.

6.4 Code of Conduct

We have a Code of Conduct in place (see Appendix Two) for

- **Trustees**
- **Staff and volunteers**
- **Members and visitors**

6.5 Training

YHC will promote awareness of Adult Safeguarding issues, to its Trustees, Staff, Volunteers, broader membership and services users

Trustees, Staff and Volunteers all receive Adult Safeguarding training appropriate to their role e.g. as outlined in the Bournemouth competency framework, see:

<https://safe.bournemouth.ac.uk/Home/Workbooks>

For all staff who are working or volunteering with adults at risk this requires them as a minimum to have awareness training that enables them to:

- Understand what safeguarding is and their role in Safeguarding Adults
- Recognize an adult potentially in need of safeguarding and take action
- **Understand the procedures for making a safeguarding Alert**
- Understand dignity and respect when working with individuals
- Have knowledge of policy, procedures and legislation that supports safeguarding adults' activity

6.6 Making Safeguarding Personal

Making safeguarding personal means it should be person-led and outcome-focused. It engages the person in a conversation about how best to respond to their safeguarding situation in a way that enhances involvement, choice and control as well as improving quality of life, wellbeing, and safety.

We aim to empower our service users and provide them with the information they need to make decisions into how to be safe from abuse and reduce risks.

We recognise that adults may make decisions that might be perceived as risky or unwise.

Adults must be assumed to have capacity to make their own decisions and be given all practicable help before anyone treats them as not being able to make their own decisions. Where an adult is found to lack capacity to decide then any action taken, or any decision made for, or on their behalf, must be made in their best interests.

We need to understand and always work in line with the Mental Capacity Act 2005 (MCA), and seek support and guidance when we have concerns regarding an adult's capacity.

7. Reporting procedures

The following procedure refers to abuse or suspicion of abuse that staff and volunteers become aware of during their work with **YHC**.

Any member of staff or volunteer who becomes aware that an adult is or is at risk of, being abused or has safeguarding needs should raise the matter immediately with their supervisor or with one of the designated safeguarding leads who are:

- Dr Ian Ellis
- Jo Richler
- Leah Burman

Early sharing of information is the key to providing an effective response where there are emerging concerns. To ensure effective safeguarding arrangements, no member, staff or volunteer should assume that someone else will pass on information which they think may be critical to the safety and wellbeing of the adult.

YHC will:

- Inform the adult of the action we propose to take.
- Seek their agreement for any referral.
- Ensure that they are kept informed about what will happen next, so they can be reassured about what to expect.
- Endeavour to ensure that they are safe and supported before proceeding with any other action.
- Inform the adult if **YHC** are planning to seek advice from, or report concerns to an external agency.

In most situations there will not be an immediate threat and the decision about protecting the person with safeguarding needs will be taken in consultation with themselves and/or Social Services.

STOCKPORT The Adult Social Care team is the first point of contact for general enquiries and concerns, you can phone them on **0161 217 6029** or dial **0161 217 6024** for the Minicom.

Out of normal office hours you can contact them on **0161 718 2118**.

<mailto:https://www.stockport.gov.uk/policy-and-procedures>

MANCHESTER

Call: 0161 234 5001

email: <mailto:mcsreply@manchester.gov.uk>

TRAFFORD

If you have concerns about an adult in Trafford, aged 18 or over, and you are worried that they are being harmed or are at risk of harm, please ring 0161 912 5135 to discuss your concerns. If you prefer you can complete the [Safeguarding Adults: Public Concern Form](#).

If you need to report something out of hours, contact the Emergency Duty Team on 0161 912 2020 or at edt@trafford.gov.uk

There are some cases that require an urgent response

- If you suspect a serious criminal act has taken place, telephone 999. Tell them if you think it might be adult abuse.
- If the individual is injured seek immediate medical treatment. Tell the ambulance personnel or A&E staff that this is a potential adult abuse situation.

8. Child Protection

If at any time you become concerned that a Child might be at risk, you need to follow the Child Protection Procedure outlined in **YHC Children and Young People Safeguarding Policy and Procedure** **or if a child is in immediate danger of being harmed, the police should be called on 999**

9. Recording

A written record must be kept in connection with any concern regarding an adult with safeguarding needs. This must include details of the person involved, the nature of the concern and the actions taken.

The records must be signed and dated. All records must be securely and confidentially filed.

10. Designated Safeguarding Leads

In the first instance please contact the synagogue office or the Rabbi in confidence who will then put one of the designated safeguarding leads in touch with you.

If not available their direct contact details are below:

Name	Contact Details
Dr Ian Ellis	07989 272376
Jo Richler	07967 268084
Leah Burman	07834 806115

Date adopted..... 1st April 2022.....

Signed..... *S. Kreutz*

We are committed to reviewing our policy and good practice bi-annually

This policy was last reviewed on....1st March 2022

Appendices

Appendix One: Recognising the Signs of Abuse

Physical abuse

The physical mistreatment of one person by another which may or may not result in physical injury. This may include slapping, burning, punching, unreasonable confinement, and pinching, force-feeding, misuse of medication, shaking, inappropriate moving and handling.

Signs and indicators

Over or under use of medication, burns in unusual places; hands, soles of feet, sudden incontinence, bruising at various healing stages, bite marks, disclosure, bruising in the shape of objects, unexplained injuries or those that go untreated, reluctance to uncover parts of the body.

Sexual abuse

Any form of sexual activity that the adult does not want and/or has not considered, a sexual relationship instigated by those in a position of trust, rape, indecent exposure, sexual harassment, inappropriate looking or touching, sexual teasing or innuendo, sexual photography, subjection to pornography or witnessing sexual acts, indecent exposure and sexual assault or sexual acts to which the adult has not consented or was pressured into consenting.

Signs and indicators

Signs of being abused may include recoiling from physical contact, genital discharge, fear of males or females, inappropriate sexual behaviour in presence of others, bruising to thighs, disclosure, and pregnancy. Abusers may take longer with personal care tasks, use offensive language, work alone with clients, or show favouritism to clients.

Financial or material abuse

Financial or material abuse – including theft, fraud, internet scamming, coercion in relation to an adult's financial affairs or arrangements, including in connection with wills, property, inheritance or financial transactions, or the misuse or misappropriation of property, possessions, or benefits.

Signs and indicators

This may include not allowing a person to access to their money, not spending allocated allowance on the individual, denying access to their money, theft from the individual, theft of property, misuse of benefits. There may be an over protection of money, money not available, forged signatures, disclosure, inability to pay bills, lack of money after payments of benefits or other, unexplained withdrawals. An abuser may be evasive when discussing finances, goods purchased may be in the possession of the abuser, there may be an over keenness in participating in activities involving individuals' money.

Psychological and/or Emotional abuse

This abuse may involve the use of intimidation, indifference, hostility, rejection, threats of harm or abandonment, humiliation, verbal abuse such as shouting, swearing or the use of discriminatory and or oppressive language. A deprivation of contact, blaming, controlling, coercion, harassment, cyber bullying, isolation or unreasonable and unjustified withdrawal of services or supportive networks. There may be a restriction of freedom, restricted access to personal hygiene, name calling, threat to withdraw care or support, threat of institutional care, use of bribes or threats, or choice being neglected.

Signs and indicators

Stress and or anxiety in response to certain people, disclosure, compulsive behaviour, reduction in skills and concentration, lack of trust, lack of self-esteem, fear of other individuals, changes in sleep patterns.

Neglect and acts of omission

Behaviour by carers that results in the persistent or severe failure to meet the physical and or psychological needs of an individual in their care. This may include ignoring medical, emotional or physical care needs, failure to provide access to appropriate health-care and support or educational services, the withholding of the necessities of life, such as medication, adequate nutrition and heating, wilful failure to intervene or failing to consider the implications of non-intervention in behaviours which are dangerous to them or others, failure to use agreed risk management procedures, inadequate care in residential setting, withholding affection or communication, denying access to services.

Signs and indicators

There may be disclosure. Someone being abused may have low self-esteem, deterioration, depression, isolation, continence problems, sleep disturbances, pressure ulcers. There may be seemingly uncertain attitude and cold detachment from a carer, denying individual's requests, lack of consideration to the individual's requests, denying the individual access to health care professionals.

Self-neglect

This covers a wide range of behaviour including neglecting to care for one's personal hygiene, health or surroundings and behaviour such as hoarding.

Discriminatory Abuse

This includes forms of harassment, slurs or similar treatment; because of race, gender and gender identity, age, disability, sexual orientation, and religion or health status and may be the motivating factor in other forms of abuse. It can be personal, a hate crime or institutional.

Signs and indicators

There may be a withdrawal or rejection of culturally inappropriate services e.g. food, mixed gender groups or activities. An individual may simply agree with the abuser for an easier life, there may be disclosure, or they may display low self-esteem. An abuser may react by saying "I treat everyone the same", have

inappropriate nick names, be uncooperative, use derogatory language, or deny someone social and cultural contact.

Institutional or Organisational Abuse

Neglect and poor care practice within an institution or specific care setting such as a hospital or care home, or in relation to care provided in one's own home. This may range from one off incidents to on-going ill-treatment. It can be through neglect or poor professional practice because of the structure, policies, processes and practices within an organisation.

Signs and indicators

These may include a system that condones poor practice, environmental deprivation, lack of procedures for staff, one commode used for a number of people, no or little evidence of training, lack of staff support/supervision, lack of privacy or personal care, repeated unaddressed incidents of poor practice, lack of homely environment, manager implicated in poor practice. There may be a lack of personal clothing, no support plan, lack of stimulation, repeated falls, repeated infections, unexplained bruises/burns, pressure ulcers, unauthorised deprivation of liberty. Abusers may have a lack of understanding of a person's disability, misuse medication, use illegal controls and restraints, display undue/inappropriate physical intervention, and inappropriately use power/control.

Domestic abuse

The cross-government definition of domestic violence and abuse is any incident or pattern of incidents of controlling, coercive, threatening behaviour, violence or abuse between those aged 16 or over who are, or have been, intimate partners or family members regardless of gender or sexuality. The abuse can encompass, but is not limited to:

- Psychological
- Sexual
- Financial
- Emotional

A new offence of coercive and controlling behaviour in intimate and familial relationships was introduced into the Serious Crime Act 2015. The offence will impose a maximum of 5 years' imprisonment, a fine or both.

Signs and indicators

May include many of those indicators listed under previous categories in this document, including unexplained bruising, withdrawal from activities, work or volunteering, not being in control of finances, or decision making

Modern slavery

Encompasses slavery, human trafficking, and forced labour and domestic servitude. Traffickers and slave masters use whatever means they have at their disposal to coerce, deceive, and force individuals into a life of abuse, servitude and inhumane treatment.

Signs and indicators

There may be signs of physical or psychological abuse, victims may look malnourished or unkempt, or appear withdrawn. Victims may rarely be allowed to travel on their own, seem under the control and influence of others, rarely interact or appear unfamiliar with their neighbourhood or where they work. They may be living in dirty, cramped, or overcrowded accommodation, and / or living and working at the same address. Victims may have no identification documents, have few personal possessions, and always wear the same clothes day in day out. What clothes they do wear may not be suitable for their work. Individuals may have little opportunity to move freely and may have had their travel documents retained, e.g. passports. They may be dropped off / collected for work on a regular basis either very early or late at night. Victims may avoid eye contact, appear frightened or hesitant to talk to strangers and fear law enforcers for many reasons, such as not knowing who to trust or where to get help, fear of deportation, fear of violence to them or their family.

Radicalisation to terrorism

The Government through its PREVENT programme has highlighted how some adults may be vulnerable to radicalisation and involvement in terrorism. This can include the exploitation of vulnerable people and involve them in extremist activity. Radicalisation can be described as a process, by which a person to an increasing extent accepts the use of undemocratic or violent means, including terrorism, aiming to reach a specific political/ideological objective. Vulnerable individuals being targeted for radicalisation/recruitment into violent extremism is viewed as a safeguarding issue.

Signs and indicators

May include being in contact with extremist recruiters, articulating support for violent extremist causes or leaders. Accessing violent extremist websites, especially those with a social networking element. Possessing violent extremist literature. Using extremist narratives to explain personal disadvantage. Justifying the use of violence to solve societal issues. Joining extremist organisations. Significant changes to appearance and/or behaviour.

Who might abuse?

Abuse of adults at risk may be perpetrated by a wide range of people including relatives, family members, professional staff, paid care workers, volunteers, other service users, neighbours, friends and associates, people who deliberately exploit vulnerable people and strangers.

Incidents of abuse may be one-off or multiple and affect one person or more. Professionals and others should look beyond single incidents or individuals to identify patterns of harm.

Appendix Two: YHC Code of conduct

Yeshurun Code of Conduct

introduction

Yeshurun Hebrew Congregation has been established for over 55 years, and has an enviable reputation for friendliness and a very welcoming atmosphere.

At the centre of our success is our modern strongly inclusive approach, together with a fully democratic attitude covering the many aspects involved in the running of the synagogue.

Yeshurun welcomes anyone and everyone that wishes to engage with the Synagogue in a positive way. We are an inclusive and engaging community and aim to welcome everyone and operate on a basis of equality and mutual respect.

Yeshurun has a duty of care to all users of its facilities – members, staff and visitors – and nobody should be made to feel unwelcome, uncomfortable or unsafe.

ALL users of Yeshurun's facilities should expect that:

- No-one will be harassed, abused or intimidated either verbally or physically;
- Everyone will be treated with dignity and respect regardless of race, nationality, gender, sexual orientation, disability or age;
- At all times, people's feelings will be valued and respected. Language or humour that people find offensive and unwelcome will not be tolerated.

We therefore ask everyone who visits our buildings and participates in our religious services and social activities, together with those who are involved in the operation and organisation of the Synagogue to follow the Code of Conduct set out below.

Code of Conduct

This Code of Conduct requires ALL users (members and visitors) of Yeshurun's facilities to:

- refrain from disrespectful and offensive language and behaviour at all times;
- avoid inappropriate physical contact and gestures
- not condone, or allow to go unchallenged, any form of discrimination
- not threaten or bully and to express oneself in a way that respect the views and safety of others and their privacy
- respect how services, functions and activities are delivered at Yeshurun; and
- respect and avoid damage to each other's property and the Synagogue building and its contents.

If a member or visitor has any feedback or suggestions as to how Yeshurun's activities can be improved, this should be delivered in a considered and respectful way.

Incident Management

All incidents of harassment or inappropriate behaviour should be reported immediately. You can do so by contacting The Rabbi, Chairman, any member of the Board or the office. All such incidents will be treated very seriously and in confidence.

In all cases, an amicable and acceptable resolution will be sought. If a matter cannot be resolved in an amicable and acceptable way with an undertaking that the actions will not be repeated, one or more of the following steps may be taken. The person or persons concerned:

- will be given a written warning.
- may be temporarily excluded from the synagogue buildings for a defined period;
- in the case of serious or repeat offences, may be permanently excluded from the synagogue buildings and/or will be the subject of a recommendation that membership be revoked in accordance with Clause 89 of the Yeshurun Constitution.